



# Athlete Code of Conduct

## Summary

Durham Dragons athletes will be expected to conduct themselves as ambassadors for the club and their sport, always demonstrating good sportsmanship, a positive attitude, respect for their coaches, teammates, competitors, parents, volunteers and officials. Athletes are expected to train and compete in the spirit of fair play. Senior Durham Dragons athletes (e.g. high school) are expected to set a positive example for the junior athletes (e.g. elementary) both on and off the field of play through their work ethic, words and actions.

In registering as an Athlete member (all types) with Athletics Ontario and within the context of the activities of Athletics an individual agrees to take part in a spirit of fair play, honesty and within the rules and regulations of Athletics Ontario, Athletics Canada and World Athletics.

## Policy review

Durham Dragons Athletics board members will review this policy on an annual basis.

## Code of conduct signing

This code of conduct must be signed by all athletes upon registration and whenever requested by the Durham Dragons Athletics after that time.

## Athlete members are expected to:

1. Compete/participate in a spirit of fair play and honesty, abiding the rules of Athletics Ontario and any other governing body hosting meets in which the athlete participates.
2. Address fellow athletes, coaches, officials, volunteers, event organizers, spectators and others associated with Athletics in a courteous and respectful manner. Verbal or physical behaviors that constitute harassment or abuse are unacceptable, including (but not limited to) profane, insulting, harassing or otherwise offensive language.
3. Refrain from public criticism of fellow athletes, parents, coaches, officials, volunteers, event organizers, spectators and/or other clubs, especially when using social media or any online context.
4. Act in a manner that will bring credit to the Durham Dragons Athletics, the athletics community and themselves, both within and outside the competition arena and/or competition area (including social media).
5. Ensure the safety of others when taking part in athletics activity.



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6. Refrain from using and/or advocating, condoning, promotion and distribution of alcohol, tobacco, recreational marijuana or vaping products at training practices, and/or banned substances while representing the Durham Dragons Track and Field Club.
7. Abide by requirements set out in Athletics Ontario's [Athletics Ontario Safe Sport Manual](#).
8. Abide by all requirements set out in Durham Dragon's policies (as applicable).

## Minor athletes (younger than 18 years of age)

1. Refrain from asking coaches to transport them to/from practices and/or meets.
2. Refrain from communicating directly with a coach via phone, text or email unless a parent or legal guardian is also copied or included in the communication. (Note: Exemptions can be extended for extenuating circumstances, e.g., athletes lost or requiring immediate help at a meet or practice.)

## Communication

**Please check the box below to indicate your agreement to abide by Durham Dragons Athletics policy regarding non-personal communication between athletes and coaches.**

As an athlete, I acknowledge that:

- Any/all phone, video, text or email conversations between a coach and athlete must include the athletes' legal guardians.
- Any/all in-person conversation between athlete and coach must occur in an open environment where the conversation is both observable and interruptible.
- I will refrain from communicating with any member of the Durham Dragons Athletics coaching staff or associates in a manner that violates this Code of Conduct.

In the case of any dispute regarding this policy or the terms of which, or any disciplinary default whereby an athlete acts outside this code the dispute will be brought to the attention of the Durham Dragons Athletics SafeSport committee with the intent to be resolved amicably at the discretion of the committee and the board of directors (as appropriate).

I have read and understand the above statements and agree to conduct myself in a manner that demonstrates the standards established. Failure to adhere to this code of conduct may result in disciplinary discussion, disciplinary action and sanctions up to and including removal from the team.



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**BY SIGNING BELOW, I CONFIRM THAT I HAVE READ, UNDERSTAND  
AND AGREE TO THE STATEMENTS ABOVE.**

Athlete name (printed)	Athlete signature	Date
Legal guardian name (printed)	Legal guardian signature	Date

*Note: Legal guardian not required if the athlete is 18 years of age*